

Tony Derbyshire – Training Consultant

Personal Profile



After spending almost a decade as a Royal Marine Tony set up his own business as a Health and Fitness professional. His skills for motivating clients and getting results lead him to become more interested in sports psychology and understanding the link between success and positive attitudes.

Tony advanced his knowledge and became a lecturer for one of the leading Health and Fitness Training companies in the UK where he taught sports therapy and business skills.

Tony then took his skills into business to deliver performance and coaching programmes for a successful training consultancy.

His exhilarating programmes put business teams, managers, and individuals through their paces, helping them to achieve their best performances in all aspects of life.

With a deep understanding of the importance of controlling attitude, confidence, self-esteem and mental focus, his entertaining and acclaimed programmes, inspire delegates to become true winners.

Tony has developed and delivered training all over Europe, South Africa and Australia for companies such as National Australia Group, L'Oreal Professional, Hewlett Packard, Astra Zeneca, Zurich Financial Services, Royal Bank of Scotland, Roche Products, Janssen-Cilag, Merck Pharmaceuticals, Wyeth Laboratories, The Royal Mail, Friends Provident and many more.

He has recently spent three years growing his business in Australia and has joined forces with Potential Plus to develop a larger network of associates and increase the capability for his clients.

Tony is married with two young children; he enjoys all sports and is a regular gym user.

